



BODYWEIGHT TRAINING WORKSHOP SCHEDULE

BREAKTHRUPT.COM

WEEK OF MONDAY, FEBRUARY 27, 2012

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30 AM TO 8:00 AM	WORKSHOP Body Weight Training Medford						
9:00 AM TO 9:30 AM	WORKSHOP Body Weight Training Voorhees				WORKSHOP Body Weight Training Voorhees	WORKSHOP Body Weight Training Medford	
1:00 PM TO 1:30 PM			WORKSHOP Body Weight Training Medford				
6:00 PM TO 6:30 PM				WORKSHOP Body Weight Training Medford			
6:30 PM TO 7:00 PM	WORKSHOP Body Weight Training Medford			WORKSHOP Body Weight Training Voorhees			

**FREE
Body Weight
Training
Workshops**

**Space is limited.
Call to reserve your
spot today!**

Specify day, time, and location of workshop preferred.
As workshops fill, additional ones will be added.

Locations Currently Offering Workshops:
Medford 856.396.2250 200 Tuckerton Rd., Medford, NJ 08057
Voorhees 856.346.0526 701 Cooper Rd., Voorhees, NJ 08043